

SOLT Lay Formation Facilitator's Guide

IMITATE MARY BECOME LIKE JESUS LIVE FOR THE TRIUNE GOD

GUIDED HOLY HOUR – Facilitation #5

Facilitator: This should be the final meeting before Total Consecration to Jesus through Mary according to St. Louis Marie De Montfort. If need be, an additional/alternative time may need to be chosen in order to place this Holy Hour nearest to the date of the Consecration. This time of reflection and silence with Our Lord is indispensable. In addition, it would be ideal if the Sacrament of Reconciliation could be experienced just prior to Consecration.

Words of great Wisdom through the pen of St. Louis Marie De Montfort:

Tear away, noble soul,	Make certain your family
Everything that's useless,	Is your principal duty,
Force yourself to be adorned	Form it with Gospel laws
With sovereign good alone.	And tolerate no evil.

Flee from the world and its splendor,	Always give it the example
Enter deep in your own heart;	Of all sorts of good works
May it be your oratory,	So the family deems you
Your distinction, your joy.	Its mirror of Christian. ¹²

Flee disastrous luxury,
But maintain cleanliness.

Be humble and modest
With no affectation.

¹ Montfort, God Alone II, The Hymns of St. Louis de Montfort, Page 239, Vs. 114-118

SOLT Lay Formation Program

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GUIDED HOLY HOUR – Handout

Tabernacle Question

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	Of all sorts of good works
Flee disastrous luxury,	So the family deems you
But maintain cleanliness.	Its mirror of Christian.

Please spend this holy hour reading and meditating upon this passage.

Ask the Blessed Trinity to reveal to you the truth of this counsel and its meaning for your life, vocation and mission.

Come, Holy Spirit, teach us how to live the Gospel.