

# *SOLT Lay Formation Teaching Transcript*

*IMITATE MARY    BECOME LIKE JESUS    LIVE FOR THE TRIUNE GOD*

## *PURPOSE & MEANING OF LIFE*

God Bless you and Our Lady, St. Joseph all the Holy Angels and Saints smile upon you. Welcome to the Lay Formation Program of the Society of Our Lady of the Most Holy Trinity.

My name is Fr. Zachary of the Mother of God, Priest Director of Formation for the Society of Our Lady of the Most Holy Trinity. We are rejoiced that you've responded to the grace to come to this program. Our Lady has called you into her heart to come to know the love that God has for you. During this program we are going to enter into Our Lady's heart to come to an understanding of the Meaning of Life; the Purpose and Meaning of Life. All of us want to know the purpose and meaning of life and respond in generous ways so that we may be happy, holy, and reach our destiny in heaven. We begin with the sign of our faith in prayer.

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Our Father who art in heaven, hallowed be Thy Name; Thy Kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Our Lady of the Most Holy Trinity, pray for us.

In the name of the Father and of the Son and of the Holy Spirit. Amen.

## **Relationships & Formation**

All of our hearts, our souls, our minds, our spirits are uplifted when we pray that perfect prayer of Jesus, the God Man- who taught us to address God as our Father. We want to come to know God as our Father, to know the love of the Father, manifested in Jesus Christ and His Church. The One, Holy, Catholic and Apostolic Church where He gives us Himself in the Word and the Sacraments, the Most Holy Eucharist, giving us the strength to live our Baptism. We thank God for giving us the Holy Spirit that permits us to cry out, "Abba Father"... to cry out that "Jesus is Lord!"

We know that the Holy Spirit dwells in us and He moves us and He animates us. We have been given this gift to guide our lives. You have come to this Lay Formation Program of Our Blessed Mother who is the daughter of God the Father; who is the Mother and first and perfect disciple of Jesus Christ. Our Lady is the Spouse and Sanctuary of the Holy Spirit, and we gift all of her relationships, her Trinitarian relationships, to you. Receive them now. Claim them. You will need them to arrive at your destiny.

Our Blessed Mother holds you by the hand and she will lead you, as her child, right into the life of the Trinity for which you were created. You have come to this Lay Formation Program to learn how to live your Baptism, how to be fruitful in your Baptism, how to be nourished in the Eucharist- to come to the Trinitarian life in the communion of God's love for which you were created.

### **Formation – Not just “Information”**

You have come to a formation program. **This program is not just about information, it's about formation.** God Himself, your Father, our Father, is going to form us into Jesus Christ so that He can look upon us with love and smile upon us and bless us. For in Jesus our Father gives us every spiritual blessing in the heavens.

### **Divine Way of Love**

Our Father's desire is to see Jesus Christ come alive in our lives. Jesus reveals the meaning of life to us. He came all the way from heaven to reveal the meaning of life to us. Jesus Christ reveals man to himself. We're mysteries to ourselves. Jesus came to unfold that mystery, to let us know that we are loved, and to empower us so we can return this love. This is just a merely human love. We are invited to a Divine way of love.

Would you like to receive this Divine Way of Love? Would you like to be formed into this Divine Way of Love? Our heavenly Father every moment of our lives is forming us into Jesus Christ. What a blessed life, we are all invited to embrace, if only we can accept it.

I know that this gift is so great that there are many out there who may hesitate at the call to greatness- but you are created for greatness in God's Love. No matter what has happened in your life, know that God loves you, and that God has a plan for your life. He will form you into His beloved son Jesus Christ. You will participate in the life of God. We all need help though, and all have to begin somewhere. Today if you hear His voice- harden not your hearts. Respond to this invitation.

You are all invited by God Himself to know that He has a plan for your life, to respond to this plan, and to come to this plan as our Blessed Mother Mary responds to this plan. Our Blessed Mother, a human person, one of us, responds perfectly with every beat of her heart and with every breath that she takes. Every moment of her life she said “yes” to God’s plan and, we honor and venerate her.

We worship God. Only God is the One to be worshiped. Yet clearly, Our Blessed Mother deserves to be honored and venerated above all human persons because of her generous response to God.

As a Mother to us, Mary wants to train us and help us be formed. Training... formation... they are very similar and they go hand in hand. Mary wants to form us into another Christ as well; because as a Mother she loves to bring forth life. Jesus came all the way from heaven to give us life; abundant life; eternal life. Today we ask the Holy Spirit to open our hearts to receive this life. No matter what’s happened in your life, today is a new day. We are a redeemed people. Jesus Christ is our Savior, He redeemed us. Just as the sun rises everyday to remind us of the new life, the fresh start that He won for us, make the decision to let our Lady, Our Blessed Mother, lead you to her son, Jesus Christ. Let Our Father draw you to His beloved Son, Jesus Christ. Let the Holy Spirit guide you. Let Him form you. Let Him breathe upon you. Let him embrace you. God loves you.

As we go through this Formation Program we will continue to develop what formation entails. In the events and circumstances in your lives, God will be working to train you to help you grow in wisdom, age and grace to come to the full measure of the mature Christ. We will teach you how God is working in your life. We will teach you a relationship with God so that you can see His loving hand in everything that has happened in your life. We will teach you how our Blessed Mother cares for you with a tender affection and a loving concern- as only a mother can- to form you into Jesus.

Everything in your life has purpose and meaning; if only your eyes are opened. Remember we walk by faith and not by sight. We want to put on the mind of Christ and have our heart respond generously, just as Christ responds to the will of God.

The program of formation is life-long. In the Society of Our Lady of the Most Holy Trinity we have a three year program as a foundation for your life. You can learn how God worked in the life of the Blessed Virgin Mary, Our Lady of the Most Holy Trinity; a human person, like one of us. To learn how our Lady said ‘yes’ to God’s plan at all moments of her life. We will follow our Lady’s life and parallel it to your life.

Too many people separate themselves from Our Blessed Mother because of her holiness. Her holiness should draw you. Jesus gave her to us at the foot of the cross- His last gift before He commended His Spirit into the hands of the Father. This gift of Our Lady is a great gift. We learn from her life how God cares for our life. We will follow her life for three years to learn how to

follow her life all the days of our life. Seeing how God's hand is involved in the life of Our Blessed Mother and our life, is what formation is all about. Then in the circumstances of life, your daily life, that's where you will live out this formation. This formation is personal. It's also communal.

Following each teaching, you will have the opportunity each week to integrate the teaching into your life through facilitation guides. Remember it's not just about formation, it's about a relationship that blossoms from this formation. It's a living and active reality. It's your destiny. Thus, we begin this program.

### **Purpose & Meaning of Life/ 3 Questions/Happiness & Holiness**

Today's teaching will be on the purpose and meaning of life. Everyone, every thinking person, has three questions that they ask. Why am I here? Where am I from? Where am I going? The answer to all three questions is God. The most Holy Trinity- Father, Son and Holy Spirit.

The purpose and meaning of life is God. In His infinite love and goodness God created all of us out of nothing. What a gift life is, and God has a plan. You see it in all of creation. God has got a plan for everything. You see His goodness, His fingerprints in everything. We order our lives to God, and we will find our happiness. God wants you to be happy. Do you know that? God wants you to be happy. I want you to recognize that happiness and holiness are the same reality. Because holiness is basically doing God's will and loving God for Himself above all things. Knowing God and doing His will makes you happy. Happiness and holiness are the same thing.

Happiness is not in: getting drunk, using drugs, (list others) or the other things the world holds out there as happiness. Anyone who has ever drank too much knows the next morning, drinking too much does not make you happy. In fact, it only leaves you emptier.

On the other hand, when you do know God's will and that you are loved by Almighty God; that He's got a purpose and a plan for your life; that you have a destiny, then you can truly live life in a purpose driven way.

God provides all the graces you need to fulfill His will. God wants you to be happy. This is reality. We need to break free from the illusions that many people in the world have been caught up into as a trap. In fact, many of you who are viewing this teaching might have been drawn here because you found that everything the world offers leads to emptiness.

Today, God has called you, in His love, to break you free from the fears and the worries and the anxieties and the confusion that this world causes; to break you free so that you know that you are willed, loved and necessary. Do you know that? You are willed, loved and necessary. God before all of creation, in His minds eye, in His infinite goodness, in His infinite wisdom, Our Father looked across billions of possibilities and chose to create you. He loves you. Your were created in

His love. You were willed by God to exist and to know Him, love Him and serve Him and be happy with Him forever. That's what the Baltimore Catechism teaches. We have these basic questions addressed in the Baltimore Catechism of the Catholic Church. Who created everything? God. Who created me? God. Who created you? God. Why did He create us? To know, love and serve Him and be happy with Him forever.

You have to recognize that to know God means to be intimate with God in biblical terms. We love the Word- the living Word of God, Jesus Christ in this Word your life is present in this Word. All of our lives are compenetrated in the Word. It means all of our lives are penetrated right here in the word of God. Our lives are spelled out in this word. We won't understand the fullness of the Word until everyone's been born. That's why we pray that everybody have a chance to come to life. Life is sacred from conception to natural death. We need to protect life, because each life is a unique, precious and unrepeatable manifestation of God's love- just like you are, just like I am.

As we live out our lives in the Word, empowered by the Sacraments in the Catholic Church, there is more understanding of God's love. More understanding, in fact, of who God is. We are all unique, precious and unrepeatable manifestations of God. We need you to live your life in Jesus Christ.

Don't be deceived by the enemy, the devil. Don't be deceived by the world. Don't be drawn away from God through your flesh. You have a purpose and a plan to fulfill in God's love. God wants you to know Him. That's why Jesus came all the way from heaven. To reveal God's love and God's plan right here in the Word; right here in the teachings of the Catholic Church; in the Sacred Tradition and the Sacred Scripture and the Magisterium of the Catholic Church. We will get to that in this Lay Formation Program.

### **Overview of Formation Program**

For now, understand that God willed that you exist. That He loves you. You are necessary because He willed you. None of us is necessary by our own existence. We cannot make ourselves necessary. But by virtue of the fact that God willed that we exist, we are necessary in God's plan.

We are not accidents. We did not evolve from some slime of the earth. God created us in His image and likeness so we can have communion with Him. We will talk about that in the third teaching of this Lay Formation Program.

Next month, you will be invited to a teaching on prayer. Prayer is going to help you know God, love God, serve God and be happy with Him forever. Prayer will help you find this plan of God in every moment of your life. We will move from understanding that God has a purpose and plan for your life (the purpose and meaning and life) into prayer.

Then we will move into the Image and Likeness of God. Why you were created in His image and Likeness. What that means. How it brings you to communion. Then we will move into the Universal Call to Holiness and Virtue. A virtuous life is a beautiful way of life.

We will have other teachings including, how Liturgy is Life, we will teach you about the Holy Sacrifice of the Mass, the Word, Sacred Tradition, and the Magisterium of the Church. Then we will teach about the Eucharist- the gift of Jesus' Body, Blood, Soul and Divinity, really, truly and substantially present. Our Lord is given to us to strengthen us to fulfill our destiny- fulfill this purpose and plan.

### **Consecration & 'Fiat!'**

We will move into Consecration to Our Blessed Mother. Over time we are going to show you how Our Lady understood that she was created in God's love. That she was willed, loved and necessary. That she was fulfilling a purpose and plan in her life to be the Mother of Christ, who is God, so she is the Mother of God. Remember, God is God alone. Our Blessed Mother Mary is a human person. A human person who understood that God had a purpose and plan for her life and so she said, "Yes! be it done unto me according to Thy Word." These should be the words which flow from our heart every moment of our lives. "Fiat. Yes, God."

Jesus tells us, let our 'yes' be 'yes' and our 'no' be 'no.' Let us say 'Yes' to God and our 'No' to the enemy, the devil, our 'No' to the world, our 'No' to the flesh. Let your 'yes' be 'yes' and your 'no' be 'no.' When your 'yes' is to God, you will be happy, holy, and God willing you will reach heaven- which is eternal happiness. This is your destiny.

### **The Word of God is Living & Effective**

As we talked about earlier, the Word of God is living and active. It penetrates more surely than a sharp two-edged sword. It comes right into our lives and reveals to us the meaning of life. Our Holy Father, Pope Benedict the XVI speaking about the Word says, "It is the Word of God Himself who declares, 'Everyone who listens to these words of mine and acts on them will be like a wise man.' We are to let the Word of God penetrate our lives and in this way to know the fundamental truth of who we are, where we come from, where we must go and what path we must take in life."

Do you want to know who you are as God sees you? Do you want to know where you come from? Do you want to know where you must go? What path you must take in life? Our Blessed Mother will help you understand the Word of God because she said "Yes" to the plan of God. Our Lady had the Word of God in her heart before she conceived in her womb, thus she was disposed to say 'yes' to the plan of God announced by the angel Gabriel at the Annunciation. You read this in

the Word of God. The angel Gabriel was sent from heaven announcing the plan of God and Our Lady says, "Fiat." Therefore, "the Word became flesh and dwelt among us."

### **Humility, Intimacy with God & Union**

Our Lord Jesus Christ, the Eternal Word, seeing the humility of Mary, leapt out of heaven into her womb. When God sees humility He is moved. Let us be humble enough to bow down before God and thank Him for His love of us. We are to know, love and serve God and be happy with Him forever. As I said, to know God is to be intimate with Him. In biblical terms, when we're talking about knowledge about someone, we're talking about intimacy with them. Let's get past the fleshly thoughts of intimacy. Can you come to the highest level of intimacy? It's true union that makes you happy; union with God.

### **The Meaning of Communion**

In all of your relationships this union should flow. In your marriages, with your children, your relatives, your friends, the people you work with, and in school, and even with your enemies. We are created for communion. Communion means "with union." Intimacy with God, knowledge of God and you love God. You recognize that He loves you infinitely. "For God so loved the world that He sent His only begotten Son so that whoever believes in Him will not die but will have eternal life." [John 3:16]

"Believes in Him" means believes in everything He revealed. Not just that He exists. The devil believes He exists. But God's not going to do anything for the devil. (Pray you don't do anything for the devil.) God sent His Son to reveal the Divine Way of Life for which we were created. We believe everything that Jesus teaches us, that he revealed to us for our belief, and He reveals to us in the One, Holy Catholic and Apostolic Church. To believe in Jesus Christ, means to believe in everything that He has revealed and proposed for our belief in the Holy Catholic Church. This is essentially the theological virtue of faith. Let us ask for this grace of faith.

### **Knowing Christ through Mary**

We live a life of faith in God's goodness. We know God and then we love Him. Why does it follow in that order to know, love and serve God and be happy with Him forever? Because you can't love what you don't know. You know that from your own experience, right? When someone gives you their name they're open to a relationship. You can start to know them better.

Sometimes, the knowledge of someone comes through a friend of that person. One way to really know Jesus Christ- the sure, short, perfect, easy, beautiful way to know Jesus Christ- is through Our Lady, Our Blessed Mother. The Mother of God knows Jesus intimately. She knows the Father and she knows the Holy Spirit intimately. And as your mother, she will share what she knows

about the Father, Son and Holy Spirit with you and the more you come to know God, under our Lady's mantle, under our mother's care, the more you will love God.

For no human person loved God more than our Blessed Mother. She will teach you how to love God: to know, love and then to serve God. No one served God more perfectly than our Blessed Mother. Our Blessed Mother was responding to a plan. She can help you respond to God's plan for your life; God's plan. Our Lady will teach you, she will love you, and she will show you how to know, love and serve God and then be happy with him forever in heaven. This is God's plan for you.

### **St. Ignatius & Meaning of Life**

I want to turn to a very important point in understanding the purpose and meaning of life. Let us turn to the teaching of one of the great Saints of the Church, St. Ignatius of Loyola. Ignatian Spirituality was given by God through Our Lady to St. Ignatius. St. Ignatius loves Our Lady. We are to love Our Lady.

St. Ignatius is a witness to when someone loves Our Lady, they come to know and serve God and be happy with him forever. The first principle and foundation of Ignatian spirituality is: the human person is created to praise, reverence and serve God, Our Lord and by doing so to save his or her soul.

All other things on the face of the earth are created for human beings in order to help them to pursue the end for which they are created. It only makes sense that we should order our lives to the purpose and proper end of our lives right? You don't want to end up at the end of your life and find you took the road that was the wrong road. You want to take the Way who is Jesus Christ to the Father. And then have the Truth of your existence revealed to you in the life of God .

Jesus is the Way, the Truth and Life. Our Blessed Mother always brings you to Jesus who is the Way, the Truth and the Life.

So continuing with this first principle and foundation, St. Ignatius, inspired by the Holy Spirit, shares what he means. It flows from the fact that everything on the face of the earth was created for human beings in order to help us to pursue the end for which we were created. It follows from this that one must use other created things in so far as they help towards one's end, and free oneself from them insofar they are obstacles to one's end . Bottom line, if things help you arrive at your end, then we praise God. But, if they are obstacles to you reaching your end, then you must be rid of them, be free of them. Our Lady will teach you how.

## **St. Augustine & Confessions**

To order your life well St. Augustine, the great Doctor of the Church, taught from his own experience that, “ Our hearts are restless until they rest in God.” Our hearts are restless until they rest in God. I urge you to read the *Confessions* of St. Augustine if any of you have had a rough life. If you’ve lost your way, read the life of St. Augustine in the *Confessions*. He has a confession of his infidelity- then his fidelity, and then the beauty of the way of the life of God. He is a great Doctor of the Church. His conversion came after 30 plus years of prayer from his Mother, St. Monica.

## **The Three H’s**

Mothers never give up on your children. God’s got a plan for them all. Our hearts are restless until they rest in God. St. Augustine taught that we are to enjoy the enjoyable and use the useful. Enjoy the enjoyable and use the useful. But then he points out that the only thing enjoyable isn’t a thing it’s the Divine persons- Father, Son and Holy Spirit. The One who is enjoyable is God. He wants you to be happy, He loves you. He’s got a plan for your life for happiness and holiness and heaven. I want you to remember those three H’s- happiness, holiness and heaven. Keep them before you and keep them united. We are to enjoy the enjoyable and use the useful.

## **St. Ignatius & Proper Use**

As St. Ignatius points out if something is useful to arriving at our end, it is proper to use. Remember: we don’t use people ever. People are created in the image and likeness of God, we never use them. We respect them. All persons have a dignity; an inherent dignity because they are created in the image and likeness of God. All people are our brothers and sisters.

Remember as Catholics, as Christians, as men and women of good will, our only enemies are the devil and sin, and what sin does to our brothers and sisters. We love the sinner, we hate the sin.

We don’t use people, but yet, in this idea of enjoy the enjoyable, use the useful; we must remember that God alone is the one who’s enjoyable. The problem is so many people try to use the enjoyable; they try to use God, because they’ve been used. Or, they use others and so they don’t know how to relate to God. Today, if you hear His voice, harden not your hearts.

Do you want to be happy? Turn to our Blessed Mother. Have her hold your hand and teach you how to enjoy God and then to use everything else that God has provided you to come to build up the kingdom of God. God has a plan of communion with God and with others.

St. Ignatius continues his first principle to do this: to use created things in so far as they help us to our end, or free ourselves from them insofar as they are obstacles to our end.

To do this we need to make ourselves indifferent to all created things. Provided the matter is subject to our free choice and there is no other prohibition; thus as far as we are concerned we should not want health more than illness, wealth more than poverty, fame more than disgrace, a long life more than a short one; and similarly for all the rest.

We should desire and choose only what helps us more towards the end for which we are created. We should not want health more than illness, wealth more than poverty, fame more than disgrace, a long life more than a short one. We should only desire and choose what helps us toward our end.

Speaking this way 500 years or so after the time of St. Ignatius, in this world, many people would call us crazy following this way. But what I can share with you is this- it is anything but crazy. The way of the world is crazy. You've experienced it. The way of God is well ordered. And yes, there is discipline that is necessary. The word discipline relates to the word disciple. You're called to be disciples of Jesus and Mary. You need discipline in your lives. The people I know who are disciplined in their lives are successful. We will help you with that. We are here to help you.

### **Our Lady & the Way of the Cross**

As a matter of fact, let me point out that as we share with you God's purpose and plan today, we're here in Trinity Studios and under Our Lady's Mantle. Everything's been provided for by God and Our Blessed Mother. We stand between two of the stations of the Way of the Cross. Right here we have the fourth station of the Way of the Cross where Jesus meets His Blessed Mother and in their love they strengthen each other.

In this work of redemption, in this work of God's love, if only you could enter into the union of their hearts. That's what Our Lady is going to teach you in this Lay Formation Program, and she is going to help you go all the way to the cross. Let me share that with you now.

Don't worry, don't run from the cross. It's the only way to heaven. We're going to give you some formation. God is going to form you and strengthen you just like He did with His disciples to help you go to the cross but follow through to the Resurrection and Ascension. What we know is the Paschal Mystery of Jesus Christ, we'll unfold that. We don't want to get too technical or overly theological at the beginning. Theology helps us, but what we really need is a relationship with Jesus Christ.

I know so many people that come and say do you have a personal relationship with Jesus Christ? Oh yes, I do; the most personal. Our Lady taught me how to relate to Jesus Christ and in the Catholic Church, I receive the Eucharist that strengthens me. I have intimate communion with Jesus Christ because I receive His Body, Blood, Soul and Divinity, really, truly and substantially. I have an intimacy with God that He makes possible on this way of the cross.

I stand here between the fourth station and the sixth station where Veronica wipes the face of Jesus. Veronica, her name means “true image.” Vera icona: true image. Veronica the virtuous woman. We’ll talk about virtue during this Lay Formation Program and how it helps you fulfill God’s plan for your life. Veronica comes forth and wipes the face of Jesus, and Jesus imprints His face miraculously on this cloth to show us that He came to restore us to His image and likeness.

I stand between these two stations, knowing Simon in the fifth station helps Jesus carry His cross. We are here to help you carry your cross. Jesus, the God man, accepted help. Let us humble ourselves to accept help. I thank God for all the people who were sent into my life to help me.

### **Lay Formation & A Way of Life**

This Lay Formation Program is all about God sharing His way of life. It is about sharing our Blessed Mother and her way of life. And God- Father, Son and Holy Spirit and Our Blessed Mother are here to help us. All of us are members of God’s family by His design. The question is, do we accept that call?

Over the next month we are going to go into a way of life, and its essence can be described as: Imitate Mary, Become Like Jesus, Live for the Triune God.

### **Eternal Council and Rublev’s Icon**

We are going to help you see that God from all eternity, before He created anything, at the Eternal Council of the Most Holy Trinity decreed that Our Blessed Mother and each and every one of us would exist.

We will help you to relate to God. To relate to the plan of God that Jesus Christ the Second Person of the Trinity, the Eternal Word, would become flesh and dwell among us and go to the cross and suffer and die and rise and ascend; and establish a Church before ascending- the Catholic Church.

This Council of the Trinity you can see well depicted in the icon by Rublev, the famous iconographer. In this icon, this beautiful icon, you see the Three Persons of the Trinity. You see them in a circular form, representing eternity and representing the union that they have with each other.

You see the Father looking at Jesus and giving Him a blessing to come and assume our humanity. You see Jesus in the center receiving this blessing. Even though God is One. Even though Jesus is co-eternal with the Father. Remember, you cannot have an eternal Father without an eternal Son. That's one of the simplest ways to explain the eternal reality of God, Father, Son and Holy Spirit. You never separate a God in terms of time and space. There's one God for all eternity.

Jesus at the Eternal Council of the Trinity, agreed to become man for our sake to save us. Because God saw all across time and space that He created. He saw each and every one of us and He loves us and He wants us to be with Him forever. Again, God the Father gives His blessing to Jesus, Jesus receives the blessing. Jesus is pointing to the Holy Spirit. The Holy Spirit, in the plan of God is to be sent forth and to help us know God's love and to respond to God's love.

You see in this icon a chalice right in the center. When you look at it closely, you see a chalice reminding us that the Mass is the center of our lives; that the Eucharist is the source, the summit, the center of our lives. That this saving act of God in Jesus Christ, who came all the way from heaven and suffered and died on the cross for us and rose and ascended: this is the center of our lives.

You see right in the center of this icon a roasted lamb upon which we are to feed in the Eucharist. The Mass is the center of our lives. You see in this icon so much imagery that helps us understand our lives.

### **God's Plan & Our Response**

I know most people don't think this way, but if you open yourselves to this truth it will help you. At the Eternal Council of the Trinity (that was before God created anything) in the mind of God-who's infinite, all knowing, all loving, all powerful- God looked across eternity and saw you!

God loves you, and He has a plan for your life. He decreed that plan before you ever came into existence. Therefore, you're life should be a response to this plan.

Over this icon, over the Holy Spirit you see a mountain because this mountain is where you go to pray. In prayer you find the plan of God. Then, you see over Jesus, the tree of life. We know that

the cross is the tree of life. But now it blossoms and we are called to live under its shade. We're called to paradise and as you follow Jesus Christ, as Mary, the first perfect disciple of Jesus, as she shares her life with the Trinity, then you come to the mansion of God the Father. The destiny of our life. Over time we'll teach you more about this icon. We will teach you more about your life.

And so, the three most important points of this teaching are:

1. God has created you in His love to live a life of communion with Him and with the rest of His family. There's an order to our lives. You keep God first.
2. You follow the plan of God and say "yes" to the plan of God at all times in your life as the Blessed Mother said "yes" at all times in her life.
3. You learn from our Blessed Mother that you are beloved- which means you know who you belong to... that you belong to God. Everything else in life is incidental.

God wants you to be happy, God wants you to be holy, He wants you to come to heaven. And so the challenges of this month coming up are basically to embrace this call to greatness.

I want you to reflect on: "Why am I here? Where am I from? Where am I going?"

God wants you to know, love and serve Him and be happy with Him forever. We want you to start to develop a relationship with our Blessed Mother. The fruit and grace of this teaching is that you come to know Mary, Our Mother, Our Lady of the Most Holy Trinity. We will take you by the hand and share her relationships with the Father, Son and Holy Spirit with you. It's a beautiful way of life.

We will have facilitations next week and each week, same time, same place. Come to the Community of our Lady's Family near you regularly. One hour a week. You will find your life to be blessed indeed. This program is designed for you. It was born of God's perfect love for you. We call you to respond generously to this call of love under our Lady's mantle.

I give you a blessing and encourage you to be faithful to the graces you've received. We will see you next month.

The Lord be with you. May Almighty God bless you, The Father, and the Son and the Holy Spirit. Go in peace to love and serve the Lord.