

SOLT Lay Formation Facilitator's Guide

IMITATE MARY BECOME LIKE JESUS LIVE FOR THE TRIUNE GOD

GUIDED HOLY HOUR – Image & Likeness Facilitation #3

Note to Facilitators: Please follow the guide for the Holy Hour provided in your facilitator's manual. The following meditation may be handed out to the participants and inserted as indicated in the aforementioned guide. If you are blessed to have a priest or deacon to lead the hour, please allow all decisions regarding meditations, and whether they should be read aloud or simply be available as a handout, to be made by the presiding priest or deacon.

In your personal prayer time before any facilitation regarding Living for the Triune God, you will make a Holy Hour in the days preceding the facilitation. You will prayerfully discern the meditation yourself before Our Lord in the Blessed Sacrament, and will spend time in intercession for all those who will be discerning later in the week. This time spent in personal discernment and in prayer for these Children of God is essential.

Tabernacle Question:

Listen to the words of John Paul the Great and ask him to pray for you as you discern along with Our Lady, the implications of this teaching of being made in the Image & Likeness of God. Go into this Holy Hour with a heart that is open and expecting Our Lord to bless you with lights and insights. He always wants to gift us—open your hands to receive His gifts.

“Similarly, the love which every human being has for life cannot be reduced simply to a desire to have sufficient space for self-expression and for entering into relationships with others; rather it develops in a joyous awareness that life can become the “place” where God manifests Himself, where we meet Him and enter into communion with Him. The life which Jesus gives in no way lessens the value of our existence in time; it takes and directs it to its final destiny: “I am the resurrection and the life...whoever lives and believes in me shall never die.”[Jn 11:25-26]

Man's life comes from God; it is His gift, HIS IMAGE & IMPRINT (emphasis added), a sharing in His breath of life. God therefore *is the sole Lord of this life*: man cannot do with it as he wills. God Himself makes this clear to Noah after the flood: “For your own lifeblood, too, I will demand an accounting...and from man in regard to his fellow man I will demand an accounting for human life” (Gen 9:5). The biblical text is concerned to emphasize how the sacredness of life has its foundation in God and in his creative activity: “For God made man in His own image.” [Gen 9:6]

SOLT Lay Formation Program

IMITATE MARY BECOME LIKE JESUS LIVE FOR THE TRIUNE GOD

GUIDED HOLY HOUR – Handout

Tabernacle Question:

Listen to the words of John Paul the Great and ask him to pray for you as you discern along with Our Lady, the implications of this teaching of being made in the Image & Likeness of God. Go into this Holy Hour with a heart that is open and expecting Our Lord to bless you with lights and insights. He always wants to gift us—open your hands to receive His gifts.

“Similarly, the love which every human being has for life cannot be reduced simply to a desire to have sufficient space for self-expression and for entering into relationships with others; rather it develops in a joyous awareness that life can become the “place” where God manifests Himself, where we meet Him and enter into communion with Him. The life which Jesus gives in no way lessens the value of our existence in time; it takes and directs it to its final destiny: “I am the resurrection and the life...whoever lives and believes in me shall never die.”[Jn 11:25-26]

Man’s life comes from God; it is his gift, HIS IMAGE & IMPRINT (emphasis added), a sharing in his breath of life. God therefore *is the sole Lord of this life*: man cannot do with it as he wills. God himself makes this clear to Noah after the flood: “For your own lifeblood, too, I will demand an accounting...and from man in regard to his fellow man I will demand an accounting for human life” [Gen 9:5]. The biblical text is concerned to emphasize how the sacredness of life has its foundation in God and in His creative activity: “For God made man in his own image.” [Gen 9:6]