

## *SOLT for Kids! Ready, Set, Live!*

*IMITATE MARY BECOME LIKE JESUS LIVE FOR THE TRIUNE GOD*

### *MASS – Holy Hour/Facilitation #3*

*Facilitator's Note: You may want to add some of the following quotes to your holy hour, or you may wish to choose your own reading from the abundance of materials available by Eucharistic writings of the Saints. Either way, expect Jesus to shower you and the children with graces as you attempt to grow in love and appreciation for the Holy Sacrifice of the Mass.*

*The following are quoted from the Pieta Prayer Book:*

*"The Mass is the most perfect form of prayer. –Pope Paul VI*

*"Every Holy Mass, heard with devotion, produces in our souls marvelous effects, abundant spiritual and material graces which we, ourselves, do not know. —St. Padre Pio*

*It is easier for the earth to exist without the sun than without the Holy Sacrifice of the Mass."*

*—St. Padre Pio*

*"If we knew the value of the Mass, we would die for joy." –St. John Vianney*

*"Your prayers are strongest at the Consecration at the Holy Mass (raising of the Host and the Chalice)."*

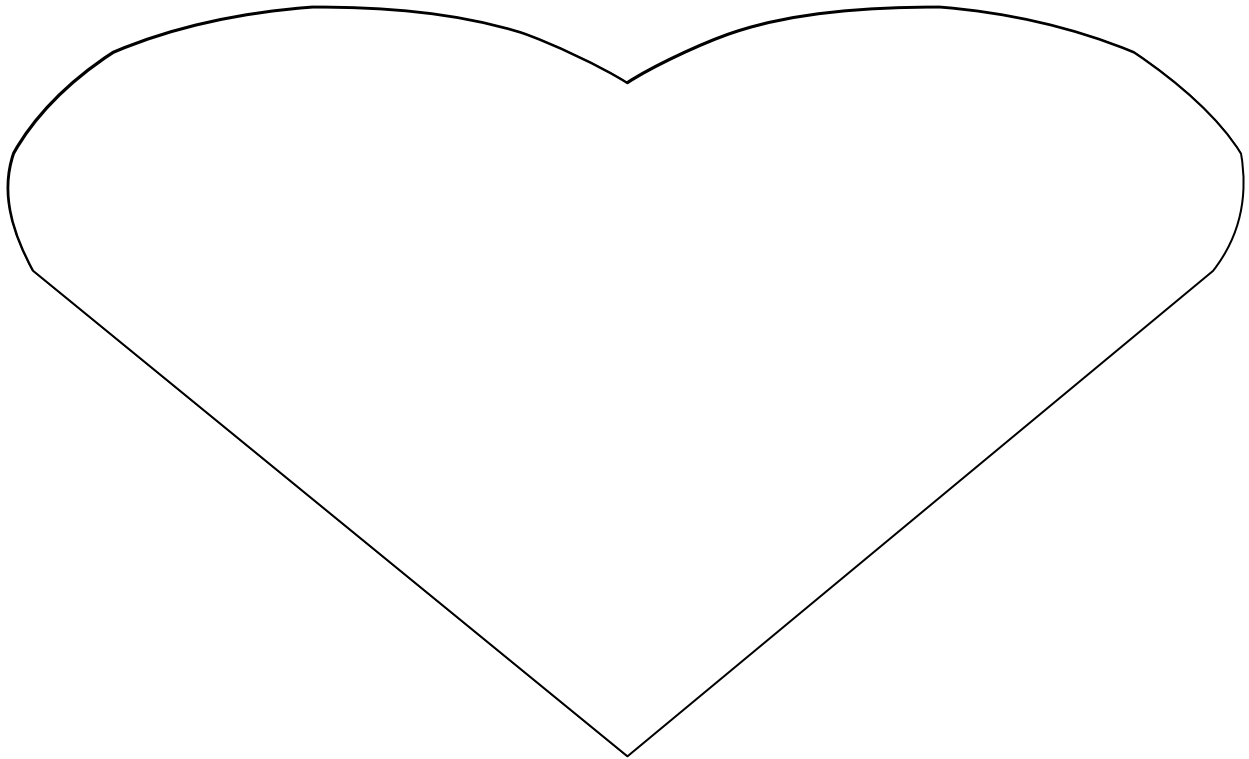
*Each time we look at the Blessed Sacrament our place in heaven is raised forever". –Revealed to St. Gertrude the Great*



*Heart-to-Heart*  
*Liturgy-Prep for Kids!*

*What is in My Mother's Heart for me this week?*

*What is the Liturgy teaching me about the Father, Son & Holy Spirit?*



*How will I open my heart to what God is teaching me ?*

*How will I think, act or speak differently now that I know this truth?*

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