

# **SOLT for Kids! Ready, Set, Live!**

IMITATE MARY BECOME LIKE JESUS LIVE FOR THE TRIUNE GOD

## **EUCHARIST - HOLY HOUR**

*Facilitators Note: This is a guided holy hour according to the guide in the Facilitator's Manual. Feel free to include the following prayer and Scriptures in this holy hour. Always remember that "God is the formator". When you bring the little children to Jesus, He is so pleased. If you are blessed to have a priest or deacon to lead this hour, please defer to them in all aspects.*

### **Communion Prayer**

*"My Lord Jesus Christ, I firmly believe that I am about to receive, in Communion, Your Body, Your Blood, Your Soul and Your Divinity. I believe it because You have said it and I am ready to give my life to maintain this truth. Amen."*

### **Scripture to Claim**

Jesus said, "I am the living bread which came down from heaven; if anyone eats of this bread, he will live forever; and the bread which I shall give for the life of the world is my flesh."

[John 6:51]

### **Songs**

Eucharist Song

*Mary's Heart* from Danielle Rose, "I Thirst"

## ***SOLT for Kids! Ready, Set, Live!***

*IMITATE MARY BECOME LIKE JESUS LIVE FOR THE TRIUNE GOD*

*EUCCHARIST - Holy Hour Handout*

### **Communion Prayer**

*“My Lord Jesus Christ, I firmly believe that I am about to receive, in Communion, Your Body, Your Blood, Your Soul and Your Divinity. I believe it because You have said it and I am ready to give my life to maintain this truth. Amen.”*

### **Scripture to Claim**

Jesus said, “I am the living bread which came down from heaven; if anyone eats of this bread, he will live forever; and the bread which I shall give for the life of the world is my flesh.”

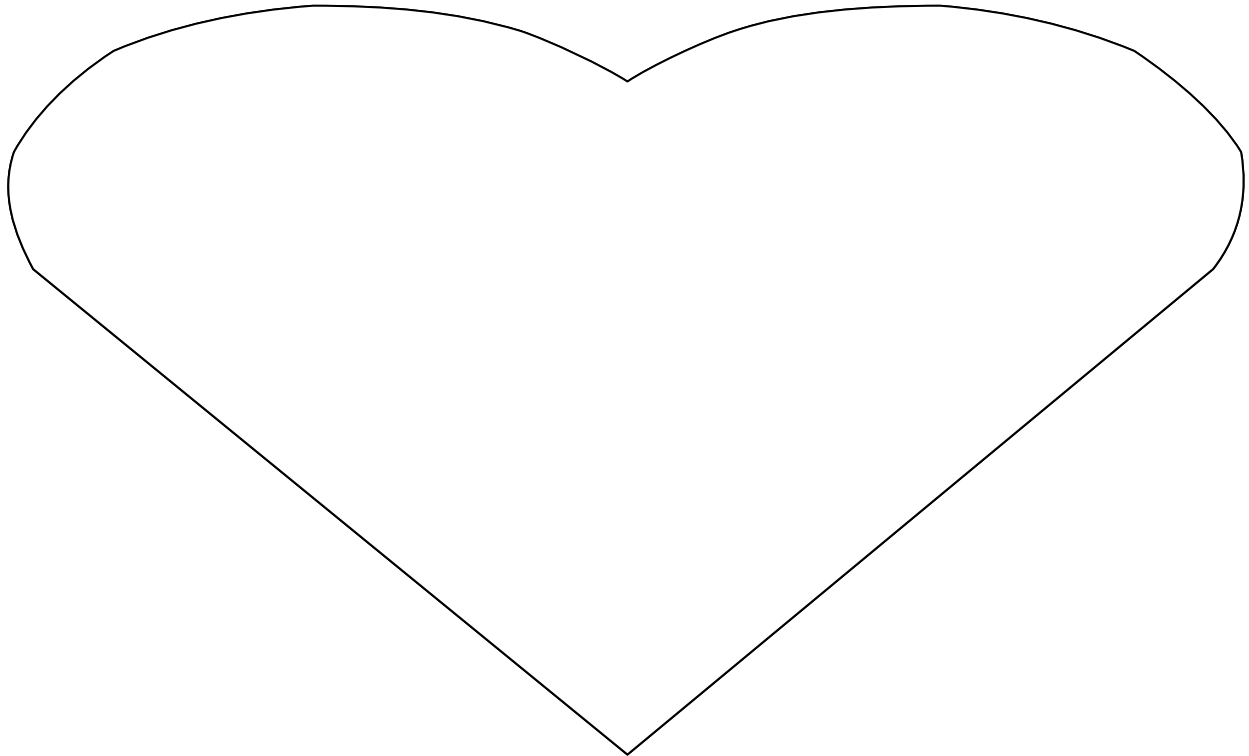
[John 6:51]



*Heart-to-Heart*  
*Liturgy-Prep for Kids!*

*What is in My Mother's Heart for me this week?*

*What is the Liturgy teaching me about the Father, Son & Holy Spirit?*



*How will I open my heart to what God is teaching me?*

*How will I think, act or speak differently now that I know this truth?*

---

---

---

---

---

---

---

---